



UNIVERSITY OF HEALTH & HEALING

Possessing God's Benefits

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The Twelve Laws that Govern Health and Healing

The Law of Types and Shadows

Course 13 Lesson 1

Scriptures

(The Old Testament is a picture of the New Testament)

Colossians 2:16-17 So do not let anyone make rules for you about eating and drinking or about a religious feast, a New Moon Festival, or a Sabbath day. 17 These things were like a shadow of what was to come. But what is true and real has come and is found in Christ. NCV

Hebrews 10:1 The law is only an unclear picture of the good things coming in the future; it is not the real thing. NCV

Hebrews 9:8-10 the Holy Spirit indicating this, that the way into the Holiest of All was not yet made manifest while the first tabernacle was still standing. 9 It was symbolic for the present time in which both gifts and sacrifices are offered which cannot make him who performed the service perfect in regard to the conscience — 10 concerned only with foods and drinks, various washings, and fleshly ordinances imposed until the time of reformation.

Jesus compares himself to Jonah in Matt. 12:39-40

John the Baptist compares Jesus to the Lamb of God in John 1:29

Paul compares the old and new testaments to Abraham's two wives in Gal. 4:22-26

Paul compares Jesus to the rock that followed the Israelites in the wilderness in 1 Cor. 10:4

Paul compares Jesus to the Passover Lamb in 1 Cor. 5:7

The serpent on the pole

John 3:14 And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up,

Numbers 21:7-9 Therefore the people came to Moses, and said, "We have sinned, for we have spoken against the Lord and against you; pray to the Lord that He take away the serpents from us." So Moses prayed for the people. 8 Then the Lord said to Moses, "Make a fiery serpent, and set it on a pole; and it shall be that everyone who is bitten, when he looks at it, shall live." 9 So Moses made a bronze serpent, and put it on a pole; and so it was, if a serpent had bitten anyone, when he looked at the bronze serpent, he lived.

Isaiah 53:4-6 Surely He has borne our griefs (sickness/disease) And carried our sorrows (pains); Yet we esteemed Him stricken, Smitten by God, and afflicted. 5 But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed. 6 All we like sheep have gone astray; We have turned, every one, to his own way; And the Lord has laid on Him the iniquity of us all.

James 4:7 Therefore submit to God. Resist the devil and he will flee from you.

Mark 16:18 they will take up serpents; and if they drink anything deadly, it will by no means hurt them.

Manna from heaven

John 6:28-35 Then they said to Him, "What shall we do, that we may work the works of God?" 29 Jesus answered and said to them, "This is the work of God, that you believe in Him whom He sent." 30 Therefore they said to Him, "What sign will You perform then, that we may see it and believe You? What work will You do? 31 Our fathers ate the manna in the desert; as it is written, 'He gave them bread from heaven to eat.'" 32 Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. 33 For the bread of God is He who comes down from heaven and gives life to the world." 34 Then they said to Him, "Lord, give us this bread always." 35 And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.

Exodus 16:15 So when the children of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "This is the bread which the Lord has given you to eat.

John 6:47-51 Most assuredly, I say to you, he who believes in Me has everlasting life. 48 I am the bread of life. 49 Your fathers ate the manna in the wilderness, and are dead. 50 This is the bread which comes down from heaven, that one may eat of it and not die. 51 I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world."

Exodus 16:31 And the house of Israel called its name Manna. And it was like white coriander seed, and the taste of it was like wafers made with honey.

Numbers 11:7-9 Now the manna was like coriander seed, and its color like the color of bdellium. 8 The people went about and gathered it, ground it on millstones or beat it in the mortar, cooked it in pans, and made cakes of it; and its taste was like the taste of pastry prepared with oil. 9 And when the dew fell on the camp in the night, the manna fell on it.

Genesis 2:12 Bdellium is a white stone

Psalms 119:103 How sweet are Your words to my taste, Sweeter than honey to my mouth!

Psalms 92:10 But You have exalted my horn like that of the wild ox; I have been anointed with fresh oil.

Proverbs 19:12 The king's wrath is like the roaring of a lion, But his favor is like dew on the grass.

Nehemiah 9:15 You gave them bread from heaven for their hunger, And brought them water out of the rock for their thirst, And told them to go in to possess the land Which You had sworn to give them.

Psalms 78:25 Men ate angels' food; He sent them food to the full.

Revelation 2:17 "He who has an ear, let him hear what the Spirit says to the churches. To him who overcomes I will give some of the hidden manna to eat. And I will give him a white stone, and on the stone a new name written which no one knows except him who receives it"

Galatians 2:20 have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Revelation 3:21 “To him who overcomes I will grant to sit with Me on My throne, as I also overcame and sat down with My Father on His throne.”

Ephesians 2:6 And raised us up together, and made us sit together in the heavenly places in Christ Jesus.

John 6:53-58 Then Jesus said to them, "Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you. 54 Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. 55 For My flesh is food indeed, and My blood is drink indeed. 56 He who eats My flesh and drinks My blood abides in Me, and I in him. 57 As the living Father sent Me, and I live because of the Father, so he who feeds on Me will live because of Me. 58 This is the bread which came down from heaven — not as your fathers ate the manna, and are dead. He who eats this bread will live forever."

Deuteronomy 8:4 Your garments did not wear out on you, nor did your foot swell these forty years.

John 13:10 Jesus said to him, "He who is bathed needs only to wash his feet, but is completely clean; and you are clean, but not all of you."

Ephesians 6:15 and having shod your feet with the preparation of the gospel of peace;

Romans 10:15 And how shall they preach unless they are sent? As it is written: "How beautiful are the feet of those who preach the gospel of peace, Who bring glad tidings of good things!"

Deuteronomy 34:7 Moses was one hundred and twenty years old when he died. His eyes were not dim nor his natural vigor diminished.

Numbers 33:39 Aaron was one hundred and twenty-three years old when he died on Mount Hor.

Joshua 14:11 As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in.

A New Heart and Spirit

Ezekiel 36:26 I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.

In this prophesy it reveals what took place at the cross. When we receive Jesus as our Savior we get a new heart and a new spirit. The old heart of stone is replaced with a new heart of flesh. The first time the word flesh is used in the Bible is when God put Adam into a deep sleep and took a rib from his flesh and created Eve. It is a picture of marriage. In the Bible, truths are compared to stones or rocks. The Ten Commands were written on stone tables. The Apostle Paul writes in Romans 7:4.

Romans 7:4 Therefore, my brethren, you also have become dead to the law through the body of Christ, that you may be married to another — to Him who was raised from the dead, that we should bear fruit to God.

The heart of stone is a picture or a type of the Law of Moses. We have a heart of stone that is married to the Law of Moses and is under condemnation. Our heart of stone dies with Christ. The heart of flesh is a picture of marriage. We died to the Law (heart of stone) that we may be married to another. We are given a heart flesh or one that is married to Jesus.

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Isaiah 52:7 How beautiful upon the mountains Are the feet of him who brings good news, Who proclaims peace, Who brings glad tidings of good things, Who proclaims salvation, Who says to Zion, "Your God reigns!"

The Hebrew word “basar” (baw-sar') which is translated “brings glad tidings of good things” (which means to preach the gospel) in Isaiah 52:7 is the same root of the Hebrew word “basar” (baw-sawr') which is translate “flesh” in Ezekiel 36:26. You could quote Ezekiel 36:26 this way, a heart that preaches the law will be exchanged for a heart that preaches the gospel of God’s amazing grace. It amazing what kind of treasures you can find if you just do a little digging.