



UNIVERSITY OF HEALTH & HEALING

Possessing God's Benefits

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The Twelve Laws that Govern Health and Healing The Pool of Bethesda

Course 13 Lesson 9

Scriptures

John 5:2-9 Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. 3 In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. 4 For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. 5 Now a certain man was there who had an infirmity thirty-eight years. 6 When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" 7 The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." 8 Jesus said to him, "Rise, take up your bed and walk." 9 And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath.

The pool of Bethesda is a beautiful picture of Jesus and the church. The word "Bethesda" means the house of kindness. The number five in the Hebrew is the letter "Heh", which is a picture of an open window. It represents God's grace. The angel that came at a certain time represents Jesus. The pool represents the Holy Spirit and the living word of God. Thirty-eight years is the amount of time it took for the Israelite men of war to die in the wilderness (*Deuteronomy 2:14*). It is a picture of God's judgment and wrath. At the house of kindness is God's grace. At the appointed time Jesus would come and free man from their sins and the judgment of sin. Jesus is the living word of God filled with God's Holy Spirit.

. Jesus gave legs to the pool and carried it everywhere he went.

Mark 6:56 Wherever He entered, into villages, cities, or the country, they laid the sick in the marketplaces, and begged Him that they might just touch the hem of His garment. And as many as touched Him were made well.

Jesus stirred up the water by preaching the Kingdom of Heaven

Everyone who believes in Jesus has this pool of Bethesda living inside of them. Jesus told the woman at the well that he would give her a well spring of life springing up unto eternal life (*John 4:14*). The life of God that lives in every believer is the pool and the well. We can stir up

this resurrection power and it will heal us and strengthen us. We stir up this water by meditating on the wonderful promises of salvation (healing) and then proclaiming them with our mouth. The Apostle Paul instructed Timothy to stir up the gift of God that was given to him.

2 Timothy 1:6-7 Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands. 7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Notice the gate to the pool is the Sheep gate. The church/believer is the Lord's sheep. Today as representatives of Jesus we are the gate to the pool. Not only will the pool heal us but it will flow out of us and heal others.

Mark 16:17-20 And these signs will follow those who believe: In My name... they will lay hands on the sick, and they will recover." 20 And they went out and preached everywhere, the Lord working with them and confirming the word through the accompanying signs.

As we go and share with others the wonderful gospel of God's amazing grace we are stirring the pool. When people believe the gospel and touch the water they are healed.

James 5:14-15 Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. 15 And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

Today the church/believer is the house of kindness filled with God's grace. Our gospel is not in word only but in power and demonstration of the Spirit. All those who are lost, oppressed and sick can come and be healed and forgiven.

Psalms 103:2-3 Bless the Lord, O my soul, And forget not all His benefits: 3 Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies, 5 Who satisfies your mouth with good things, So that your youth is renewed like the eagle's.