



# UNIVERSITY OF HEALTH & HEALING

*Possessing God's Benefits*

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## The Twelve Laws that Govern Health and Healing Running the Race to Win

Course 5 Lesson 5

### Scriptures

1 Corinthians 9:24-27 Do you not know that those who run in a race all run, but one receives the prize? \*Run in such a way that you may obtain it\*. And everyone who competes for the prize is \*\*temperate\*\* in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. Therefore I run thus: \*\*\*not with uncertainty\*\*\*. Thus I fight: not as one who beats the air. But \*\*\*\*I discipline my body and bring it into subjection\*\*\*\*, lest, when I have preached to others, I myself should become **disqualified**.

\* 2 Timothy 2:5 And also if anyone competes in athletics, he is not crowned unless he competes according to the rules.

\*\* Hebrews 6:12 that you do not become sluggish, but imitate those who through faith and patience inherit the promises.

\*\*\*Ephesians 5:15 Therefore do not be unwise, but understand what the will of the Lord is.

\*\*\*\*Romans 8:13 For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live.

#### **Disqualified**

Hebrews 3:19 So we see that they could not enter in because of unbelief.

Hebrews 12:15 looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;

Colossians 3:12-15 Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do. 14 But above all these things put on love, which is the bond of perfection. 15 And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

Colossians 1:12 giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light.

2 Peter 1:2-4 Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, 3 as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, 4 by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust.

Luke 12:30-32 For all these things the nations of the world seek after, and your Father knows that you need these things. 31 But seek the kingdom of God, and all these things shall be added to you. 32 "Do not fear, little flock, for it is your Father's good pleasure to give you the kingdom.

Hebrews 10:23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful.

James 1:5-8 If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. 6 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. 7 For let not that man suppose that he will receive anything from the Lord; 8 he is a double-minded man, unstable in all his ways.

Ephesians 6:16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.

Isaiah 53:4-6 Surely He has borne our grief's (sicknesses) and carried our sorrows (pains)....And by His stripes we are healed.

Romans 8:7 Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be.

Hebrews 12:1-3 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners *against* Himself, lest you become weary and discouraged in your souls.

1 Peter 5:8-10 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. 9 Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. 10 But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you.

1 Timothy 6:12 Fight the good fight of faith...