



UNIVERSITY OF HEALTH & HEALING

Possessing God's Benefits

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The Twelve Laws that Govern Health and Healing The Promised Land

Course 2 Lesson 5

Scriptures

Hebrews 3:19-4:3 So we see that they could not enter in because of unbelief. 4:1 Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. 2 For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it. 3 For we who have believed do enter that rest, as He has said: "So I swore in My wrath, 'They shall not enter My rest,'" although the works were finished from the foundation of the world.

Hebrews 4:6-11 Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, 7 again He designates a certain day, saying in David, "Today," after such a long time, as it has been said: "Today, if you will hear His voice, Do not harden your hearts." 8 For if Joshua had given them rest, then He would not afterward have spoken of another day. 9 There remains therefore a rest for the people of God. 10 For he who has entered His rest has himself also ceased from his works as God did from His. 11 Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

Deuteronomy 6:10-11 "So it shall be, when the Lord your God brings you into the land of which He swore to your fathers, to Abraham, Isaac, and Jacob, to give you large and beautiful cities which you did not build, 11 houses full of all good things, which you did not fill, hewn-out wells which you did not dig, vineyards and olive trees which you did not plant — when you have eaten and are full —

Exodus 23:25-27 "So you shall serve the Lord your God, and He will ble^ss your bread and your water. And I will take sickness away from the midst of you. 26 No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days. 27 "I will send My fear before you, I will cause confusion among all the people to whom you come, and will make all your enemies turn their backs to you.

Isaiah 30:15-18 For thus says the Lord God, the Holy One of Israel: "In returning and rest you shall be saved; In quietness and confidence shall be your strength." But you would not, 16 And

you said, "No, for we will flee on horses" — Therefore you shall flee! And, "We will ride on swift horses" — Therefore those who pursue you shall be swift! 17 One thousand shall flee at the threat of one, At the threat of five you shall flee, **Till you are left as a pole on top of a mountain And as a banner on a hill.** 18 Therefore the Lord will wait, that He may be gracious to you; And therefore He will be exalted, that He may have mercy on you. For the Lord is a God of justice; Blessed are all those who wait for Him.

John 14:6 Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.

Matthew 11:28-30 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

Deuteronomy 6:3 Therefore hear, O Israel, and be careful to observe it, that it may be well with you, and that you may multiply greatly as the Lord God of your fathers has promised you — **'a land flowing with milk and honey.'**

1 Corinthians 3:1-3 and I, brethren, could not speak to you as to spiritual people but as to carnal, as to babes in Christ. 2 I fed you with **milk** and not with solid food; for until now you were not able to receive it, and even now you are still not able; 3 for you are still carnal. For where there are envy, strife, and divisions among you, are you not carnal and behaving like mere men?

Hebrews 5:12-6:2 For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food. 13 For everyone who partakes only of **milk** is unskilled in the word of righteousness, for he is a babe. 14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil. 6 Therefore, leaving the discussion of the elementary principles of Christ, let us go on to perfection, not laying again the foundation of repentance from dead works and of faith toward God, 2 of the doctrine of baptisms, of laying on of hands, of resurrection of the dead, and of eternal judgment.

1 Peter 2:2 as newborn babes, desire the pure **milk** of the word, that you may grow thereby,

Exodus 16:31 And the house of Israel called its name Manna. And it was like white coriander seed, and the taste of it was like wafers made with honey.

1 Samuel 14:25-27 Now all the people of the land came to a forest; and there was honey on the ground. 26 And when the people had come into the woods, there was the honey, dripping; but no one put his hand to his mouth, for the people feared the oath. 27 But Jonathan had not heard his father charge the people with the oath; therefore he stretched out the end of the rod that was in his hand and dipped it in a honeycomb, and put his hand to his mouth; and his countenance brightened.

Psalms 119:103 How sweet are **Your words to my taste, Sweeter than honey** to my mouth!

Proverbs 24:13-14 My son, eat **honey** because it is good, And the **honeycomb** which is sweet to your taste; 14 **So shall the knowledge of wisdom be to your soul;** If you have found it, there is a prospect, And your hope will not be cut off.

Song of Solomon 4:11 Your lips, O my spouse, Drip as the honeycomb; Honey and milk are under your tongue; And the fragrance of your garments Is like the fragrance of Lebanon.