

University of Health & Healing

Possessing God's Benefits

What Jesus has done for me! & Who I am in Christ Jesus!

1. God loves me (*John 3:16, Colossians 1:12-14*).
2. God has chosen me (*Ephesians 1:4*).
3. God is not ashamed of me (*Hebrews 2:11*).
4. God has adopted me (*Ephesians 1:5*).
5. God has become my Father and he has made me his child (*1 John 3:1*).
6. God has come and made his home inside of me (*John 14:23*).
7. I am a member of God's household (*Ephesians 2:19*).
8. God has accepted me into his family (*Ephesians 1:6*).
9. God has given me his name (*John 14:14*).
10. I am an heir of God and a joint-heir with Christ Jesus (*Romans 8:17*).
11. I have a glorious inheritance (*Ephesians 1:11, 18*).
12. God has given me the keys to His kingdom (*Matthew 18:18*).
13. God takes pleasure in me (*Ephesians 1:9*).
14. God has redeemed me (*Ephesians 1:7*).
15. I am justified by the precious blood of Jesus (*Romans 5:9*).
16. I am the righteousness of God in Christ Jesus (*Romans 5:17-19*).
17. I am a citizen of heaven (*Ephesians 2:19*).
18. My name is in the Lamb's book of life (*Philippians 4:3, Luke 10:20*).
19. God does not count my sin against me (*2 Corinthians 5:19*).
20. God does not condemn me for my sins (*Romans 8:1*).
21. God has called me (*Ephesians 1:18*).
22. I am one of his ambassadors (*2 Corinthians 5:20*).
23. God has given me exceeding great power (*Ephesians 1:19*).
24. I have been endued with power from on high (*Luke 24:49, Acts 1:8*).
25. I have been given authority over the devil and over the entire kingdom of darkness (*Luke 10:19*).
26. I am a king and a priest before God (*Revelation 1:5*).
27. I am seated together with Christ in heavenly places (*Ephesians 2:6*).
28. I can boldly enter into his throne of grace so that I can obtain mercy and find grace to help me in my time of need (*Hebrews 4:16*).
29. I can boldly and confidently ask my Father for anything in Jesus' name and he will give it to me (*John 14:14*).
30. I rule and reign with Christ (*Romans 5:17*).

This is God's wonderful grace and it has freely been given to me
(*Romans 4:6-8, Ephesians 2:8-9*).