University of Health & Healing

Possessing God's Benefits

What Jesus has done for me! & Who I am in Christ Jesus!

1. God loves me (John 3:16, Colossians 1:12-14).
2. God has chosen me (Ephesians 1:4).
3. God is not ashamed of me (Hebrews 2:11).
4. God has adopted me (Ephesians 1:5).
5. God has become my Father and he has made me his child (1 John 3:1).
6. God has come and made his home inside of me (John 14:23).
7. I am a member of God’s household (Ephesians 2:19).
8. God has accepted me into his family (Ephesians 1:6).
9. God has given me his name (John 14:14).
10. I am an heir of God and a joint-heir with Christ Jesus (Romans 8:17).
11. I have a glorious inheritance (Ephesians 1:11-18).
12. God has given me the keys to His kingdom (Matthew 18:18).
13. God takes pleasure in me (Ephesians 1:9).
14. God has redeemed me (Ephesians 1:7).
15. I am justified by the precious blood of Jesus (Romans 5:9).
16. I am the righteousness of God in Christ Jesus (Romans 5:17-19).
17. I am a citizen of heaven (Ephesians 2:19).
19. God does not count my sin against me (2 Corinthians 5:19).
20. God does not condemn me for my sins (Romans 8:1).
21. God has called me (Ephesians 1:18).
22. I am one of his ambassadors (2 Corinthians 5:20).
23. God has given me exceeding great power (Ephesians 1:19).
24. I have been endued with power from of high (Luke 24:49, Acts 1:8).
25. I have been given authority over the devil and over the entire kingdom of darkness (Luke 10:19).
26. I am a king and a priest before God (Revelation 1:5).
27. I am seated together with Christ in heavenly places (Ephesians 2:6).
28. I can boldly enter into his throne of grace so that I can obtain mercy and find grace to help me in my time of need (Hebrews 4:16).
29. I can boldly and confidentially ask my Father for anything in Jesus name and he will give it to me (John 14:14).
30. I rule and reign with Christ (Romans 5:17).

This is God’s wonderful grace and it has freely been given to me

(Romans 4:6-8, Ephesians 2:8-9).